



Lunch Menu



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><u>Sauce & Stone</u> Tomato Basil Orzo</p> <p><u>Classic Kitchen</u> Blueberry Pancakes 230 Cal. 3 Each Syrup 100 Cal, 2T Scrambled Eggs (GF) 70 Cal, 3T Grilled Ham (GF)(DF) 160 Cal, Ea. Triangle Hash Browns (GF) 140 Cal, 1 Cup Turkey Sausage Available upon Request</p> <p><u>Flame</u> French Dip Sandwich Sweet Potato Fries Green Beans</p> <p><u>Season's Harvest</u> Vegan French Dip 100 Cal, 2T</p> <p><u>The Local Deli</u> Fresh Fruit Assorted Yogurt Tuna Salad</p>	<p><u>Sauce & Stone</u> Lemon Ricotta Rotini</p> <p><u>Classic Kitchen</u> Chicken Cacciatore (GF)(VG)(BW) 310 Cal, Each Rice Pilaf (VG)(BW) 110 Cal, 4oz Green Peas (GF)(VG)(BW) 60 Cal, 4oz</p> <p><u>Flame</u> Italian Sausage on a Bun Potato Chips</p> <p><u>Season's Harvest</u> Grilled Zucchini Boats with Chickpeas</p> <p><u>Global Fare</u> Balance 365</p>	<p><u>Sauce & Stone</u> Sausage & Mushroom Pizza Cheese Pizza</p> <p><u>Classic Kitchen</u> Jerk Pork Loin Roasted Red Potatoes Mixed Vegetables</p> <p><u>Flame</u> Sweet & Spicy Honey Chipotle Chicken Tacos (GF)(DF) 234 Calories Spanish Rice (GF)(VG) 223 Cal, 4oz</p> <p><u>Season's Harvest</u> Quinoa Stuffed Mushrooms</p> <p><u>Global Fare</u> Jalapenos</p>	<p><u>Sauce & Stone</u> Spaghetti & Marinara</p> <p><u>Classic Kitchen</u> Honey BBQ Chicken Drumstick (GF)(DF) 554.6 Cal. 2 ea. Scalloped Potatoes 119 Cal, 4oz Baby Carrots (GF)(VG)(BW) 50 Cal, 4oz</p> <p><u>Flame</u> Hamburger French Fries</p> <p><u>Season's Harvest</u> Vegan Schnitzel 156 Cal, Ea.</p> <p><u>Global Fare</u> Yogurt Bar (GF)(BW) 131.5 Cal, 8oz With all options</p>	 <p>GARLIC BUTTER ROASTED TURKEY</p> <p>BROWN SUGAR GLAZED HAM</p> <p>YUKON GOLD MASHED POTATOES</p> <p>TURKEY GRAVY</p> <p>CORNBREAD STUFFING</p> <p>CANDIDED SWEET POTATOES</p> <p>GREEN BEAN CASSEROLE</p> <p>CRANBERRY RELISH</p> <p>KINGS SWEET HAWAIIAN ROLLS</p> <p>ASSORTED PIES FOR DESSERT</p>	<p><u>Sauce & Stone</u> Hungarian Goulash</p> <p><u>Classic Kitchen</u> Baked Cod Kale & Parmesan Quinoa Risotto Sauteed Collard Greens</p> <p><u>Flame</u> Pesto Chicken Sandwich French Fries</p> <p><u>Season's Harvest</u> Grilled Eggplant</p> <p><u>Global Fare</u> Caesar Salad</p>	<p><u>Sauce & Stone</u> Manicotti With Marinara</p> <p><u>Classic Kitchen</u> Biscuits & Gravy 230 Cal. 3 Each Syrup 100 Cal, 2T Scrambled Eggs (GF) 70 Cal, 3T Kielbasa (GF)(DF) 160 Cal, Ea. Diced Potatoes (GF) 140 Cal, 1 Cup Turkey Sausage Available upon Request</p> <p><u>Flame</u> Chicken skewers</p> <p>White Rice (GF)(VG) 190 Cal, Ea</p> <p><u>Season's Harvest</u> Veggie Kabob</p> <p><u>The Local Deli</u> Fresh Fruit Assorted Yogurt</p>