



# Lunch Menu



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b><u>Flame</u></b> Meatball Sub Sour Cream &amp; Onion Chips</p> <p>Italian Blend</p> <p><b><u>Sauce &amp; Stone</u></b> Tomato Basil Orzo</p> <p><b><u>Classic Kitchen</u></b> Blueberry Pancakes 230 Cal. 3 Each Syrup 100 Cal, 2T Scrambled Eggs (GF) 70 Cal, 3T Grilled Ham (GF)(DF) 160 Cal, Ea. Triangle Hash Browns (GF) 140 Cal, 1 Cup Turkey Sausage Available upon Request</p> <p><b><u>Season's Harvest</u></b> Vegan Meatball Sub 240 Each</p> <p><b><u>The Local Deli</u></b> Fresh Fruit Assorted Yogurt Tuna Salad</p>	<p><b><u>Flame</u></b> Polish Sausage Harvest Cheddar Sun Chips</p> <p><b><u>Sauce &amp; Stone</u></b> Spaghetti &amp; Marinara</p> <p><b><u>Classic Kitchen</u></b> Honey BBQ Chicken Drumstick (GF)(DF) 554.6 Cal. 2 ea. Scalloped Potatoes 119 Cal, 4oz Green Beans (GF)(VG)(BW) 60 Cal, 4oz</p> <p><b><u>Season's Harvest</u></b> BBQ Tofu</p> <p><b><u>Global Fare</u></b> Tater Tot Bar</p>	<p><b><u>Flame</u></b> Corned Beef &amp; Swiss on Rye Crinkle Cut French Fries</p> <p><b><u>Sauce &amp; Stone</u></b> Sausage &amp; Mushroom Pizza Cheese Pizza</p> <p><b><u>Classic Kitchen</u></b> Chicken &amp; Sausage Gumbo Brown Rice</p> <p>Cajun Green Beans</p> <p><b><u>Season's Harvest</u></b> Creole Mixed Beans</p> <p><b><u>Global Fare</u></b> Jalapenos</p>	<p><b><u>Flame</u></b> Pesto Chicken Sandwich (GF)(DF) 234 Calories Sour Cream &amp; Cheese Ruffles</p> <p><b><u>Sauce &amp; Stone</u></b> Cheesy Sausage &amp; Shells</p> <p><b><u>Classic Kitchen</u></b> Chicken Fried Steak Mashed Potatoes White Gravy Steamed Corn</p> <p><b><u>Season's Harvest</u></b> Shell Pasta with Dijon Sauce 156 Cal, Ea.</p> <p><b><u>Global Fare</u></b> Yogurt Bar (GF)(BW) 131.5 Cal, 8oz With all options</p>	<p><b><u>Flame</u></b> Grilled Cheese Tomato Bisque 150 Cal, 1oz</p> <p><b><u>Sauce &amp; Stone</u></b> Taco Pizza Cheese Pizza</p> <p><b><u>Classic Kitchen</u></b> Chicken Cacciatore (GF)(VG)(BW) 310 Cal, Each Rice Pilaf (VG)(BW) 110 Cal, 4oz Baby Carrots (GF)(VG)(BW) 50 Cal, 4oz</p> <p><b><u>Season's Harvest</u></b> Tofu Cacciatore</p> <p><b><u>Global Fare</u></b> Wasabi (GF)(VG)(BW) 825.8 Cal, Ea. With all options 208 Cal, Ea.</p>	<p><b><u>Flame</u></b> Battered Cod Sandwich French Fries</p> <p><b><u>Sauce &amp; Stone</u></b> Hungarian Goulash</p> <p><b><u>Classic Kitchen</u></b> Sweet &amp; Sour Chicken White Rice Sesame Sugar Snap Peas</p> <p><b><u>Season's Harvest</u></b> Vegetarian Goulash</p> <p><b><u>Global Fare</u></b> Caesar Salad</p>	<p><b><u>Flame</u></b> Chicken Romesco 231.1 Cal, 7.5oz Sour Cream &amp; Onion Chips Steamed Broccoli</p> <p><b><u>Sauce &amp; Stone</u></b> Mac &amp; Cheese</p> <p><b><u>Classic Kitchen</u></b> Biscuits &amp; Gravy 230 Cal. 3 Each Syrup 100 Cal, 2T Scrambled Eggs (GF) 70 Cal, 3T Kielbasa (GF)(DF) 160 Cal, Ea. Diced Potatoes (GF) 140 Cal, 1 Cup Turkey Sausage Available upon Request</p> <p><b><u>Season's Harvest</u></b> Fingerling Potatoes with Pumpkin seed Romesco 100 Cal, 2T</p> <p><b><u>The Local Deli</u></b> Fresh Fruit Assorted Yogurt</p>



Small enough to care... Big enough to make a difference.

Menu is Subject To Change Soup is Made Daily Waffles Available all Day

